

# September 2021

| Sun                                    | Mon  | Tue   | Wed   | Thu   | Fri  | Sat |
|--|--|---|---|---|--|-----|
| <i>All meals are subject to change</i> |  |   | 1 Waffle, Bacon, fruit, Juice<br><br>Slice Turkey<br>M. Potatoes w/gravy, Fruit, Hot Roll                       | 2 Breakfast Bagel, Fruit, Juice<br><br>Spaghetti w/meat<br>Green Beans<br>Applesauce<br>Breadstick            | 3 Cereal, Granola Bar, Fruit, Juice<br><br>Hot Dog w/bun<br>Chips<br>Carrot Sticks<br>Apple Wedges | 4   |
| 5 All meals served with milk           | 6<br><br>NO SCHOOL   | 7 Cereal, Toast, Fruit, Juice<br><br>Quesadilla<br>Salad<br>Fruit<br>Cake   | 8 Pancakes<br>Little Smokies<br>Juice<br><br>Fajitas/Cheese<br>Lettuce/Tomato<br>Pinto Beans<br>Fruit Cup       | 9 Biscuit, Gravy, Fruit, Juice<br><br>Chicken & Noodles<br>Peas/Carrots<br>Applesauce<br>Hot Roll             | 10 Scrambled Eggs, Bacon, Toast, Juice<br><br>Sub Sandwich<br>Lettuce/Tomato<br>Chips<br>Fruit     | 11  |
| 12                                     | 13 Fruit, Cereal Juice<br><br>Pizza Jammers<br>Salad<br>Fruit<br>Cookie                                | 14 French Toast<br>Bacon, Fruit, Juice<br><br>Fettuccinni Alf w/chicken<br>Green Beans<br>Applesauce<br>Breadsticks     | 15 Breakfast Bagel, Fruit, Juice<br><br>Chicken Nuggets<br>Corn<br>Fruit<br>Pudding                             | 16 Sausage Egg Cheese Biscuit, Juice<br><br>Enchiladas<br>Pinto Beans<br>Fruit                                | 17 Cereal, Fruit Juice<br><br>Hamburger w/bun<br>Cheese<br>Lettuce/Tomato<br>Chips<br>Fruit        | 18  |
| 19                                     | 20 Honeybun, Cereal, Fruit, Juice<br><br>Corndog<br>Baked Beans<br>1/2 Peanut Butter Sandwich<br>Fruit | 21 Granola Bar<br>Yogurt, w/fruit, Juice<br><br>Chicken Fried Steak<br>M. Potatoes w/gravy<br>Peaches, Jello<br>Biscuit | 22 Waffle, Sausage, fruit, Juice<br><br>Taco, Cheese<br>Lettuce/Tomato<br>Pinto Beans<br>Pears<br>Cinnamon Roll | 23 Pancake & Sausage on a Stick, Fruit, Juice<br><br>Chili pie<br>Cheese<br>Salad<br>Apple Crisp<br>Ice Cream | 24 Cereal, Fruit, Juice<br><br>Sack Lunch  | 25  |
| 26                                     | 27 Pop Tart, Fruit, Juice<br><br>Nachos w/meat<br>Chips<br>Salad<br>Fruit                              | 28 Bagel, Fruit, Juice<br><br>Slice Ham<br>M. Potatoes w/gravy<br>Broccoli/Cheese<br>Strawberry<br>Shortcake            | 29 Biscuit/Gravy, Fruit, Juice<br><br>Beef Fingers<br>M. Potatoes<br>Gravy<br>Fruit<br>Hot Roll                 | 30 Donut, Cereal, Fruit, Juice<br><br>Breakfast for Lunch   | <b>This institution is an equal opportunity employer</b>   |     |