



Puyallup SD Junior High Concussion Baseline Testing at **Olympic Sports and Spine**

Who Needs a Baseline Concussion Test?

Proof of a baseline concussion test is required by the Puyallup School District **prior** to participation in Basketball, Football, Soccer, Volleyball and Wrestling. Baseline tests are valid for two full years, the same as athletes' physicals.

How Do I Get Tested?

Attend one of the below listed Baseline Concussion Test days.

DATE	TIME	LOCATION
Tuesday, August 24 th	6:30pm-8:30pm	South Hill Clinic
Wednesday, August 25 th	6:30pm-8:30pm	112th St. Clinic
Saturday, August 28 th	9:00am-1:00pm	South Hill Clinic
Monday, August 30 th	6:30pm-8:30pm	112th St. Clinic
Tuesday, August 31 st	6:30pm-8:30pm	South Hill Clinic
Wednesday, September 1 st	6:30pm-8:30pm	112th St. Clinic
Saturday, September 4 th	9:00am-1:00pm	South Hill Clinic
Tuesday, September 8 th	6:30pm-8:30pm	112th St. Clinic
Wednesday, September 9 th	6:30pm-8:30pm	South Hill Clinic

112th Street Clinic: 8011 112th Street Ct E, Puyallup **South Hill Clinic:** 16222 Meridian Ave E, Puyallup

How Do I Schedule a Test?

Baseline Concussion Tests are provided by appointment only. To make an appointment, visit psdconcussion.osstherapy.com

You will be asked to choose your preferred location and test time. You can expect an email reply immediately confirming the scheduled date, time and location.

Appointment times are set up to accommodate the highest volume of athletes in the most efficient way possible. Please expect the overall time for the baseline testing process to be 15-25 minutes.

Please DO NOT call any Olympic Sports & Spine clinic to schedule an appointment.

Because we anticipate that all appointment schedules will be full, we will NOT be able to accept unscheduled, walk-in appointments.

How Much Does a Test Cost?

The cost is \$15 dollars, payable by cash, check or credit card at the time of service. Please make checks payable to Olympic Sports & Spine.