

## Mental Health Committee Goals

### **Develop a collective vision**

Action Plan

PBIS Supports

Building Capacity

### **Develop a support system for students and staff**

Develop and foster relationships with community agencies

PD for staff

Create a Tool Box

Results: Share best practices, formalize and share info. about existing work, leader, capitalize in the momentum

Vision: Create and support a safe & compassionate environment where both students and adults can be successful.

Goal/Mission: Students: Resilience, self discovery/triggers, self awareness, reducing punitive consequences/ suspensions, increasing restorative practices, attendance, graduation rates, , student achievement, teach children self regulation strategies/classroom structures as well as school wide structure/plan, plan to assist children in being connected to their school

All Staff: provide professional development and tools to build capacity in responding to traumatized students, resiliency, alternatives to punitive consequences, “supportive consequences,” focus on relationship building – put “mirrors down” – self regulation strategies, learn thoughtful ways to show kindness/self care for staff, other supports; “Courage to Teach?” Shift in how we view children